

## What to expect in class

Classes are designed to:

- **Develop and progress** your understanding and demonstration of skills and technique.
- **Build community and connection** with your fellow dancers, creating a safe space for expression and collaboration.
- **Create opportunity** for performance

Whether you commence with us as an experience dancer or as a beginner you will be equally valued and considered an important part of the team.

## What to bring to class

- A full water bottle clearly marked with your full name.
- Shoes required for your genre of dance.
- Display folder for lyrics/scripts (Musical Theatre)
- Kindness and a can do attitude.

## What to wear

- If in doubt, a leotard with bike shorts/leggings creates a great base outfit for ALL classes.
- Layers can be worn for warm up and cool down.
- Hair **MUST** be tied back for all classes.
- No jewellery, denim, or school uniforms.

BALLET	JAZZ & CONTEMP.	ACRO	TAP	MUSICAL THEATRE/TAP	HIP HOP
Leotard with Ballet tights, skirt, bike shorts or leggings.	Leotard with bike shorts or leggings.	Leotard with bike shorts or leggings. (No skirts)	Leotard with bike shorts or leggings.	Leotard with bike shorts or leggings. Optional T-shirt over leotard.	Tshirts, open shirts, trackpants, shorts, leggings (Create your own style).
Ballet Shoes.	Jazz shoes, grip socks, clean bare feet.	Acro shoes, grip socks or clean bare feet.	Tap shoes.	Jazz shoes, sports shoes, grip socks or clean bare feet/Tap Shoes	Sneakers, skate shoes or high tops.

## Be a part of our positive studio culture

- Please show respect for your own learning and others learning (Dance is a team sport)
- Always be kind to yourself and others
- Our studio is a safe place to learn, explore and create and genuine support of one another is expected at all times.

## Practice for progress

- Studio time is for learning, refining and creating, however progress is greatly assisted by practice. If you would like to see your progress increase be sure to practice outside of studio time as well. It can be as simple as stretching whilst watching TV, or going through movement in your mind before you go to sleep.

## Be punctual and prepared

- Arriving on time is incredibly important for your learning experience and for the experience of others.
- Late arrival can sometimes be unavoidable, however it does cause disruption to the class, can be unsettling to the arriving dancer and means you miss out on the very important process of warm up.
- We request that students arrive 5 minutes prior to their class start time and that collection of students at the conclusion of class is prompt.
- Always bring a water bottle - hydration throughout class at all times of the year is very important. (Soft drink/juice/slushies etc are not permitted in the studio).
- Always bring all your shoes and any class specific requirements
- Ensure you have fueled your body adequately prior to class with healthy sustaining food
- Always bring loads of hard-working, happy energy into the studio space so you can get the best out of your class

## Good Personal Hygiene

- Good personal hygiene is essential for the health, safety and comfort of all students and teachers.
- Please attend all classes with clean feet (if not wearing shoes) and ensure deodorant is worn.

## ARRIVAL



- Aim to arrive no more than five minutes before your scheduled class.
- Where possible utilise our 'Kiss & Drop' process, driving in gate one and exiting gate two.
- Students will be welcomed at the studio entry and guided into the studio space.

Parents and students subject to Vaccination requirements please do not enter the studio until we have sighted your proof. Thank you!

## VACCINATION



- Proof of vaccination is a condition of entry for all students, parents and visitors aged 16 years.
- Proof can be shown on arrival or provided via email prior to attendance.
- Verified vaccinations will be recorded on our student/parent database and you will be issued a quick reference card to keep on hand to easily identify your proof has been checked at busy times.

Acceptable forms of proof are as per the WA Government Guidelines.

## MASKS



- Mask wearing is required by all students, parents and visitors year 3 (School year) and above.
- Masks may be removed after warm-up during 'vigorous' movement.

## END OF CLASS



- Students will be accompanied to the front of the studio for pick up.
- Please collect your child promptly at the conclusion of class.
- Where possible utilise the Kiss & Drop/Pick-Up process.
- Students not collected on time, will be taken back inside.
- Upon late arrival, if vaccinated you may enter to collect your child.
- If un-vaccinated please ring the door bell and we will bring your child to you.

Please advise the studio of close contact status or Positive COVID diagnosis

Don't forget the basics:

Wash your hands, Stay home if unwell

And most importantly **ENJOY** your time in the studio.

# VACCINATION


Verify your vaccination by providing an acceptable form of proof before entry.



Verification will be recorded on our student/parent database.


















For quick reference at busy times, verified students, parents and visitors will also be provided a studio proof card.



## COVID-19: Acceptable forms of proof

As a condition of entry to this venue, anyone aged 16 years and over **must** show proof of their COVID-19 vaccination status or a medical exemption, along with identification where required.

<b>No ID required</b>  <b>ServiceWA or Express Plus Medicare app</b>  <p>The validity of the certificate in the ServiceWA or Express Plus Medicare app is protected with a holographic coat of arms watermark and unique document number.</p>  <b>WA.gov.au</b>	<b>ID required</b> <table border="1"><tr><td><b>COVID-19 digital certificate</b> </td><td><b>Printed copy of certificate</b> </td></tr><tr><td><b>Immunisation history statement</b> </td><td><b>Medical exemption (printed &amp; digital)</b> </td></tr></table>	<b>COVID-19 digital certificate</b> 	<b>Printed copy of certificate</b> 	<b>Immunisation history statement</b> 	<b>Medical exemption (printed &amp; digital)</b> 
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## VACCINATION VERIFIED

FOR ENTRY AT EXPLOSIVE DANCE & THEATRE CO.

Name:	
Staff Signature:	
Date:	

